



BeautyPharma Information and Instructions

Important when using either or both the glutathione creams and capsules:

1. You MUST wear a sunblock when using any glutathione products to prevent sun burn or sun damage. Glutathione products can increase sensitivity to the sun. Protect your skin against sun damage using sunscreen of SPF 30 and above. Use appropriate apparel when outdoor.
2. Drink plenty of water. Hydration will help to improve the effectiveness of the glutathione and flush out toxins
3. The time it takes to see the effects of glutathione can vary from person to person. It can take anywhere between 1-4 months of consistent use to see results. This is dependent on factors such as original skin colour, weight, metabolism, age, smoking, alcohol consumption, water consumption (6-8 glasses).

Glutathione Capsules (60)

Ingredients:

400mg L Glutathione Reduced Lyophilized medical grade for rapid solubility

100mg Ascorbic Acid supportive anti-oxidant (Vitamin C) for rapid solubility

Directions of use:

Take 2 capsules daily in the morning. For faster results you can also take 1-2 capsules at night. Consume a smaller dosage at first to check if your body experiences any adverse reactions.

Maintenance: take one capsule per day once desired skin tone is achieved to maintain glutathione levels in the body.

DISCLAIMER

If you suffer from food allergies, consult your healthcare professional before using this product. Vitamins, amino acids, minerals or herbal supplements are not intended to treat, cure, mitigate or prevent any disease.

Food supplements must not replace a balanced diet.

Glutathione Cream (50ml)

Ingredients:

Lyophilized Medical Grade Glutathione with Ascorbic Acid (Vitamin C) anti-oxidant, Kojic Acid and Tripeptides

Directions of use:

Apply cream at night under your moisturiser. You can also apply the cream in the day if you will not be in direct sunlight. Extra cream can be applied to pigmentation areas. The cream can be applied to problem areas more than once a day.

DISCLAIMER

Apply the cream on a small patch of skin to test for any adverse reactions prior to use.